

UPCOMING
SEMINAR

Power Yoga in Power Places

October 6 - 8, 2006
Borrego Springs, CA



Spend a weekend with Geo and Katresha

Yoga postures, hiking, pranayama, chakras and the power of color and meditation.

Friday Oct 6th through Sunday Oct 8th
Weekend All-inclusive:

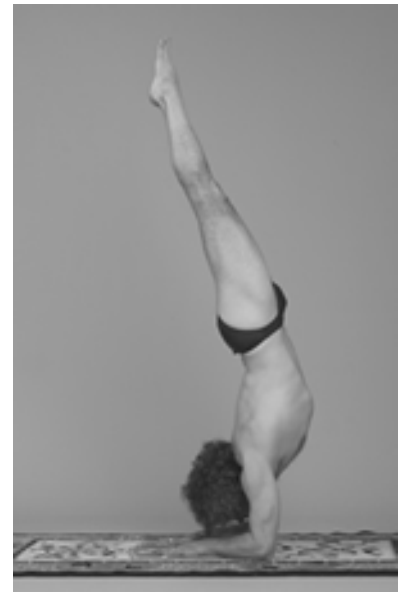
- 4 Star Resort Accommodations
- Fabulous Healthy Food
- Three Yoga & Meditation Classes daily (All levels welcome)
- Guided Desert Hike (as weather permits)
- Five Main Pools
- Jacuzzi under the stars

La Casa del Zorro is San Diego County's only four-diamond desert resort. Easily accessible by car - About 2 1/2 hours from Orange County, less than 2 hours from San Diego, 3 hours from Los Angeles.

Deluxe Poolside Room:
\$599.00*

Casitas with private pools or spas:
\$649.00*

**Per person inclusive double occupancy*



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Presented by *Life's Natural Design*

Call for Information & Booking: 949-494-3656

Be sure to check for other seminars that are available on Geo's Web Site at www.GeosPowerYoga.com