## Power Yoga in Power Places May 11-13, 2007 Sorrego Springs, CA





## Spend a weekend with Geo and Katresha Yoga postures, hiking, pranayama, chakras and the power of color and meditation.

Friday May 11 – Sunday, May 13 Weekend All-inclusive:

- 4 Star Resort Accommodations
- Fabulous Healthy Food
- Three Yoga & Meditation Classes daily (All levels welcome)
- Guided Desert Hike (as weather permits)
- Five Main Pools
- Jacuzzi under the stars

La Casa del Zorro is San Diego County's only four-diamond desert resort. Easily accessible by car -About 2 1/2 hours from Orange County, less than 2 hours from San Diego, 3 hours from Los Angeles.

Deluxe Poolside Room: \$599.00\*

Casitas with private pools or spas: \$649.00\*

\*Per person inclusive double occupancy



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Presented by Life's Natural Design
Call for Information & Booking: 949-494-3656

Be sure to check for other seminars that are available on Geo's Web Site at <a href="https://www.GeosPowerYoga.com">www.GeosPowerYoga.com</a>