UPCOMING SEMINAR

Power Yoga in Power Places April 28 - 30, 2006 Borrego Springs, CA





Spend a weekend with Geo and Katresha Yoga postures, hiking, pranayama, chakras and the power of color and meditation.

Friday, April 28 - Sunday, April 30 Weekend All-inclusive:

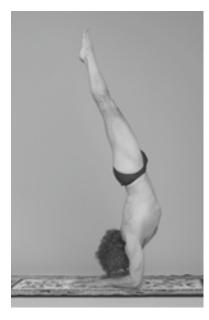
- 4 Star Resort Accommodations
- Fabulous Healthy Food
- Three Yoga & Meditation Classes daily (All levels welcome)
- Guided Desert Hike (as weather permits)
- Five Main Pools
- Jacuzzi under the stars

La Casa del Zorro is San Diego County's only four-diamond desert resort. Easily accessible by car -About 2 1/2 hours from Orange County, less than 2 hours from San Diego, 3 hours from Los Angeles.

Deluxe Poolside Room: \$599.00*

Casitas with private pools or spas: \$649.00*

*Per person inclusive double occupancy



APRIL 28 - 30

2006

Presented by Life's Natural Design

Call for Information & Booking: 949-494-3656

Be sure to check for other seminars that are available on Geo's Web Site at www.GeosPowerYoga.com